## Shiftwork and Rostering

## NZNO Library Resource Guide

NZNO library has prepared this list of resources for members either for direct download or to request from the library

## **GUIDELINES**

NHS England and NHS Improvement. (2019). *Nursing and midwifery e-rostering: a good practice guide*. <u>https://www.england.nhs.uk/looking-after-our-people/the-programme-and-resources/we-work-flexibly/rostering-good-practice/</u>

Safer Nursing 24/7 Project. (2019). *National Code of Practice for managing nurses' fatigue and shift work in District Health Board hospitals*. (First Edition). <u>https://www.safernursing24-7.co.nz/code-of-practice/</u>

[Endorsed by WorkSafe, the New Zealand Nurses Organisation, and the Council of Trade Unions].

## ARTICLES

Alsharari. A. F., Abuadas . F. H., Hakami, M. N., Darraj, A. A., Hakami, M. W. (2021). Impact of night shift rotations on nursing performance and patient safety: a cross-sectional study. *Nursing Open, 8*(3), 1479-1488. <u>https://doi.org/10.1002/nop2.766</u>

Dean, E. (2021). Rotas and shift patterns: Who should make the decisions? *Nursing Management, 28*(2), 8-10. <u>http://dx.doi.org/10.7748/nm.28.2.8.s8</u>

Ejebu, O.-Z., Dall'Ora, C., & Griffiths, P. (2021). Nurses' experiences and preferences around shift patterns: a scoping review. *Plos One 16*(8), e0256300. <u>https://doi.org/10.1371/journal.pone.0256300</u>

Hainey, C.L. (2021). Implementation of a ward staff self-rostering system: improving morale and retention. *Nursing Management, 28*(3), 22-27. <u>https://doi.org/10.7748/nm.2021.e1987</u>

James, L., Elkins-Brown, N., Wilson, M., James, S. M., Dotson, E., Edwards, C. D., Wintersteen-Arleth, L., Stevens, K., & Butterfield, P. (2021). The effects of three consecutive 12-hour shifts on cognition, sleepiness, and domains of nursing performance in day- and night-shift nurses: a quasi-experiemental study. *International Journal of Nursing Studies, 123*, Article 104041. <u>https://doi.org/10.1016/j.ijnurstu.2021.104041</u>

Min, A., Kim, Y..M.Yoon, Y..S., Hong, C..H., Kang, M., & Scott, L..D. (2021). Effects of work environments and occupational fatigue on care left undone in rotating shift nurses. *Journal of Nursing Scholarship*, *53*(1),126–136. <u>https://doi.org/10.1111/jnu.12604</u>

Gander, P., O'Keeffe, K., Santos-Fernandez, E., Huntington, A., Walker, L., & Willis, J. (2020). Development and evaluation of a matrix for assessing fatigue-related risk, derived from a national survey of nurses' work patterns. *International Journal of Nursing Studies, 112*, Article 103573. <u>https://doi.org/10.1016/j.ijnurstu.2020.103573</u>

Kang, J., Noh, W., & Lee, Y. (2020). Sleep quality among shift-work nurses: a systematic review and meta-analysis. *Applied Nursing Research 52*, Article 151227. <u>https://doi.org/10.1016/j.apnr.2019.151227</u>

Karhula, K., Tutunen, J., Hakola, T., Ojajarvi, A., Puttonen, S., Ropponen, A., Kivimaki, M., Harma, M. (2020). The effects of using participatory working time scheduling software on working-hour characteristics and wellbeing: a quasi-experiemental study of irregular shift work *International Journal of Nursing Studies, 112*, Article 103696. https://doi.org/10.1016/j.ijnurstu.2020.103716

Wynendaele, H., Gemmel, P., Pattyn, E., Myny, D., Trybou, J. (2020). Systematic review: What is the impact of self-scheduling on the patient, nurse and organization? *Journal of Advanced Nursing 2021*(77), 47-82. https://onlinelibrary.wiley.com/doi/epdf/10.1111/jan.14579

Bett, I. (2019). Using digital tools to improve staff rostering and patient flow. *Nursing Times* [online]; *115*(7), 56-57. <u>Using digital tools to improve staff rostering and patient flow | Nursing Times</u>

Di Muzio, M., Dionisi, S., Di Simone, E., Cianfrocca, C., Di Muzio, F., Fabbian, F., Barbiero, G., Tartaglini, D., & Giannetta, N. (2019). Can nurses' shift work jeopardize the patient safety?: a systematic review. *European Review for Medical and Pharmacological Sciences, 23:* 4507-4519. <u>Can nurses' shift work jeopardize the patient safety? A systematic review (europeanreview.org)</u>

Gander, P., O'Keeffe, K., Santos-Fernandez, E., Huntington, A., Walker, L., & Willis, J. (2019). Fatigue and nurses' work patterns: an online questionnaire survey. *International Journal of Nursing Studies, 98*, 67-74. <u>https://doi.org/10.1016/j.ijnurstu.2019.06.011</u>

Jones-Berry, S. (2019). 12-hour shifts: They may offer nurses work-life balance, but are they worth the risk to safety? Nursing Standard. <u>12-hour shifts: they may offer nurses work-life balance, but are they worth the risk to safety? | RCNi</u>

Moreno, C..R..C., Marqueze, E..C., Sargent, C., Wright, K..P. Jr., Ferguso, S..A., & Tucker, P. (2019). Working Time Society consensus statements: Evidence-based effects of shift work on physical and mental health. *Industrial Health 57*(2), 139-157. https://doi.org/10.2486/indhealth.SW-1

Shan, Z., Yanping, L., Zong, G., Guo, Y., Li, J., Manson, J..E., Hu, G. B., Willett, W..C., Schernhammer, E..S..S., & Bhupathiraju, S..N. (2018). Rotating night shift work and adherence to unhealthy lifestyle in predicting risk of type 2 diabetes: Results from two large US cohorts of female nurses. *BMJ* 363, k4641. <u>http://dx.doi.org/10.1136/bmj.k4641</u>

Tahghighi, M., Rees, C..S., Brown, J..A., Breen, L..J., & Hegney, D. (2017). What is the impact of shift work on the psychological functioning and resilience of nurses?: an integrative review. *Journal of Advanced Nursing*, *73*(9), 2065-2083. <u>https://doi.org/10.1111/jan.13283</u>

NZNO Library Level 3, 57 Willis St, Wellington 6011 https://www.nzno.org.nz/resources/library Email: library@nzno.org.nz